

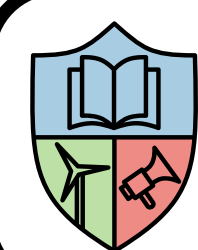
Climate Action Starter Guide



In honor of Climate Week, Kids Fight Climate Change has created a guide for how you can be a climate activist!

Anyone can become a climate activist. There is no such thing as being too young to take meaningful action. If you've ever wondered if you can make a difference, then you've already taken the first and most important step in becoming a climate change activist. Already, youth from across the world are taking direct action to call for climate change solutions. Are you ready to join the movement?

There are three steps to becoming a climate activist: gain knowledge, become vocal, and take action! This guide explains these three steps succinctly but thoroughly.



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Gain Knowledge

Step one of climate action is learning about climate change. No matter if you're unsure about some aspects of climate change, want to learn more, or even want to start from the beginning, education is the key. Kids Fight Climate Change is your one-stop resource for everything you need to know about climate change and climate action.

Basics

First, you must make sure you understand climate change. Climate change is caused by the greenhouse effect becoming unnaturally strong due to greenhouse gas emissions. There are four primary greenhouse gases: carbon dioxide, methane, fluorocarbons, and nitrous oxide.

Evidence

Understanding the evidence of climate change is important to be knowledgeable and to allow you to talk to others about climate change. The evidence of climate change includes what scientists know about climate change and how they studied that.

Effects

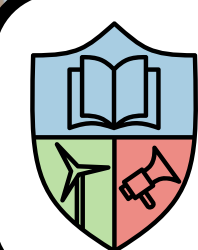
Climate change will touch every single person in the world. However, a significant barrier to climate action is understanding this. That's why everyone must learn about the terrible effects of climate change.

Causes

Greenhouse gas emissions come from a variety of human sources. Although primarily from transportation and electricity, multiple sectors burn fossil fuels, releasing greenhouse gas emissions.

Solutions

Solutions are where climate activists spend most of their time, as they represent the hopeful side of climate change. While there are hundreds of possible solutions, they generally fall into categories: [renewable energy](#), [green transportation](#), [industrial solutions](#), [energy efficiency](#), [adaptation](#), and [sustainability](#).



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Become Vocal

Once you've learned more about climate change and you're ready for more, it's time to become active. There are many ways to join the movement, even if you do not want to attend a protest or strike.

Use Social Media

Use social media — like Instagram, TikTok, or Facebook — to spark ideas and spread awareness to the public. If you are not old enough to have a social media account, you can still follow local leaders and community groups to know what is happening in your area.

Take Action

Taking action is the final and most important step of climate activism. Once you are comfortable with getting your voice out there, you can take similar actions in a more public way.

Educate Friends and Family

After learning about climate change, it is your responsibility to help others understand it too. By teaching your friends and family everything you know about climate change, you are growing the movement exponentially! You can teach them from your own knowledge and direct them to other resources, like [Kids Fight Climate Change](#).

Join or Start a School Club

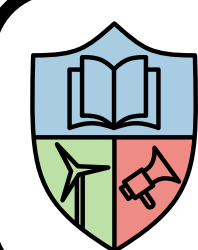
Your school may already have a climate change club, but if not, talk to your school leaders about starting one! An environmental club can be a great way to get you and your peers more in the movement. It also creates a great space to share ideas and plans on how to combat this threat.

Join an Organization

Finally, you can still join climate activist organizations. Organizations like [Fridays for Future](#), 350.org, and PowerShift are key players in the movement. There are also thousands of smaller, local organizations you can join to start your journey.

Join a Climate Protest

Participating in direct action campaigns is a great way to get involved in climate action. Direct action campaigns are actions like protesting/striking, boycotting, or other forms of public demonstrations. The [Sunrise Movement](#) is a youth-led movement across the country, organizing climate protests and encouraging youth to be active on climate change. Climate protests call attention to the crisis and provide others with hope that they are not alone.



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